

Stop Micromanaging God

By Davida Michaels Johnson

Stop micromanaging God. I heard these words on the way to the bathroom. It was past time to pay my mortgage and in the middle of the night, I got out of bed to meditate and give God some instructions. Or should I say, make a request. It went something like this: "Okay God, you gave me this house. I found it with your guidance. We managed to get a mortgage with your help. Now, the mortgage is due. How are you going to pay it? I know you have many, many resources and I am open and receptive to receiving your good." Naturally, following this, I expected the skies to open up and deliver me a blessing that I could not ignore. This is where the "stop micromanaging God" comes in.

When someone is working on your behalf, in this "I want it now world," you want it right then and there. And since I hadn't heard it or "gotten it" right then and there, it was time to oversee God's performance. Just how productive was God being in the moment? That's when it hit me. Micromanaging God is not the way to letting go and letting God. Indeed, it's just like we do at work. We assign a job to someone and then proceed to not only tell them in great detail how to do that job, but to do it faster. We worry and fret about the outcome. Often we don't trust that they will deliver what we need.

Most often, this is the way I deal with God. I say I trust and have faith and then I worry about the outcome. If I trusted and had faith, why worry? And by the way, note that I put my trust and faith in worrying. Ridiculous, given that as a new found friend said, "worry is like an endless circle where you always end up in the same place." I don't know about you, but worry has never done a darn thing to manifest anything on my behalf. And yet, I have given it more faith and trust than I have to letting go and letting God. It's time to stop this nonsense.

God is in charge. God is within. I win all the way round if I just get out my own way and let go and let God. How about you? Are you micromanaging God?